



www.tiffincongleton.co.uk

Tiffin Starters

Chingri Special £5.95

King prawn marinated in lemon sauce and exotic spices, skewered and grilled.

Mach Biraan (Telapia) £4.95

Telapia cubes lightly spiced then pan fried.

Boti Kebab £4.95

Small meatballs in onions, peppers & spices.

Spicy Wings 🍗 £4.95

Wings marinated in spice/herbs, glazed in chutney.

Chilli Chicken Fry 🍗🍗 £4.95

Strips of chicken cooked with garlic, coriander & green chillies (sweet & spicy).

Rull £4.95

Chicken or meat kebab in a tortilla sandwich, served with salad.

Lamb Chops £5.95

Lamb chops, marinated in special combination of tandoori spices with a hint of garlic and ginger.

Tiffin Special Mix £5.95

Lamb chop, chicken tikka, onion bhaji

Whether you are celebrating a special occasion or just want to relax in a retro styled restaurant, the Tiffin can assure you just that and much more.

The head chef and his team of culinary experts have created a menu containing some of the finest cuisine from the South Asian hemisphere.

Our menu aims to cater for almost any taste bud, whether you're a beginner or an expert, there is something for everyone.

Appetisers

Poppadom £0.70

Spiced Poppadom £0.80

Chutney Tray £1.95

Onions, Mango Chutney and Mint Sauce

Mix Pickle £0.70

Starters

Chicken Tikka £3.95

Meat Samosa £3.50

Chicken Pakora £4.95

Veg Samosa £3.50

Onion Bhaji £3.50

Sheek Kebab £3.95

Lamb Tikka £3.95

Fish Tikka £3.95

Tandoori Chicken £3.95

Chicken Chat Puri £4.25

Prawn Puri £4.50

King Prawn Puri £6.95

FOOD ALLERGIES and INTOLERANCES

Please speak to our staff about the ingredients in your meal, when making your order.



Signature Dishes

Tiffin Fish Special 🍴 £9.95

Telapia fillet cooked with peppers, onions, and tomatoes. With added exotic spices and herbs and red sauce.

Machly Garlic Chilli 🍴🍴 £9.95

Telapia fillet cooked with fresh green chillies, peppers, onions and tomatoes, flavoured with exotic spicy sauce.

Sylheti Spice 🍴🍴🍴 £8.95

Chicken or lamb tikka cooked with onions, green peppers, tomatoes, coriander and Naga chilli pickle.

Mochak Chicken 🍴 £8.95

Fillets of chicken cooked with specially selected spices and honey from Sylhet region, in a rich mild spicy sauce.

Shashlik Korai 🍴 £8.95

Chicken tikka cooked with onions and green peppers and tomatoes in a special red thick sauce.

Tiffin Special Tetul 🍴 £8.95

Lamb or chicken tikka with button mushrooms, onions, green peppers, pan fried in a tangy tamarind.

South Indian Chicken 🍴🍴 £8.95

Cooked with fried onions, green pepper and tomatoes, whole spices, fresh spinach and dried chillies.

Mango Chicken £8.95

Marinated chicken cooked in clay oven and then added to a medium spiced sauce and cream and cooked. Finished with mango on top.

Chilli Chingri 🍴🍴 £11.95

King prawns in a combination of fresh garlic and fresh chillies with blend of herbs and spices.

King Prawn Paloki 🍴 £11.95

Whole King prawns cooked in turmeric and chef's five spices and spinach in a special sauce.

Chicken Tikka Massala N £8.50

Lamb Tikka Massala N £8.95

Cooked in yoghurt with a blend of herbs and spices with a hint of nuts in creamy sauce.

Chicken Afghani 🍴🍴 £8.95

Lamb Afghani 🍴🍴 £9.95

Cubes of peppers with ginger and garlic in chef's secret sauce.

Chicken Nepalese 🍴🍴🍴 £8.95

Lamb Nepalese 🍴🍴🍴 £9.95

Cooked with onions and peppers along with chillies and Nepalese sauce.

Bhindi Chicken 🍴 £8.95

Bhindi Lamb 🍴 £9.95

A dish of medium consistency mixed with bhindi (okra).

Podina Chicken £8.95

Podina Lamb £9.95

A medium dish with an emphasis on fresh garden mint.

Biryani

Taking the purest of white basmati rice, transforming the grains into a delectable infusions of textures, flavours, bay leaves and a touch of ghee. Served with curry sauce.

Chicken Biryani £8.50

Chicken Tikka Biryani £8.95

Lamb Biryani £9.50

Lamb Tikka Biryani £9.95

Prawn Biryani £9.50

King Prawn Biryani £11.95

Vegetable Biryani £8.50

Mix Biryani £11.95

Tandoori Dishes

Served with salad and a curry sauce.

Tandoori Chicken on the bone .. £8.95

Chicken Tikka off the bone £8.95

Lamb Tikka off the bone £9.50

Garlic Chicken Tikka £9.25

Tandoori Lamb Chops £10.50

Tandoori King Prawns £11.95

Tandoori Mix £11.95

Tandoori Chicken, Spicy Wings, Garlic Chicken & Lamb Chops

Chicken Shashlick £9.95

Lamb Shashlick £10.50

King Prawn Shashlick £12.95

Medium 🍴

Hot 🍴🍴

Very Hot 🍴🍴🍴

N - Nuts

Traditional Dishes

Choose from any of the traditional dishes below, followed by choice of filling.

Chicken	£7.50	Prawn	£7.95
Chicken Tikka	£7.95	King Prawn	£10.95
Lamb	£8.50	Vegetable	£7.50
Keema	£8.50	Fish	£8.95

Korma N

Perfect blend of spices, sultanas, almonds and coconut in creamy sauce.

Bhuna 🍴

Melted ghee fused with spices are mixed with onions, tomato puree and fresh coriander.

Jalfrezi 🍴🍴

Bhuna style cooked with green chillies, peppers, onions, tomatoes and a blend of spices

Sagwala 🍴

Fresh Spinach based dish garnished with onions and tomatoes.

Vindaloo 🍴🍴🍴

Madras based dish with greater use of chillies and spices producing a intense fiery taste.

Sambar 🍴

Citrus South Indian dish with lentils and spices cooked with ghee, onions, pureed tomatoes and garlic.

Dupiaza 🍴

Bhuna based dish mixed with extra onions and green peppers producing a thick sauce.

Karahi 🍴

Kashmiri curry made with tomatoes, green peppers, onions and garlic fried in ghee.

Dansak 🍴

Made with lentils, juicy pineapples, a twist of lemon juice in the midst of fairly hot spices fried in ghee.

Malayan

Blends juicy pineapple with a creamy sauce.

Madras 🍴🍴

South Indian blend of chillies with splash of lemon juice.

Rogan Josh 🍴

Intense blend of tomatoes, onions and garlic.

Balti 🍴

A true classic prepared with specially selected fresh spices, capsicum and onions in a zesty tomato sauce.

indulge @ the tiffin

Medium 🍴 Hot 🍴🍴 Very Hot 🍴🍴🍴 N + Nuts

Side Dishes

All dishes are suitable for vegetarians.

Vegetable Bhaji	£4.25
Bombay Aloo	£4.25
Aloo Gobi	£4.25
Sag Bhaji	£4.25
Cauliflower Bhaji	£4.25
Bhindi Bhaji	£4.25
Mushroom Bhaji	£4.25
Chana Bhaji	£4.25
Sag Paneer	£4.25
Tarka Dhal	£4.25
Sag Dhal	£4.25
Chips	£2.50

Bread (Nan)

Garlic Nan	£2.95
Peshwari Nan	£3.25
Keema Nan	£3.25
Chilli Nan	£2.95
Cheese Nan	£3.25
Nan	£2.50
Roti	£2.50
Paratha	£2.50
Chapathi	£1.95

English Dishes

Served with chips and salad

Chicken Nuggets (Small)	£6.00
Chicken Nuggets (Large)	£8.50
Omelette	£7.50

Chicken, Prawn or Mushroom



Rice

Rice	£2.50
Pilau Rice	£2.75
Garlic Fried Rice	£3.50
Mushroom Pilau Rice	£3.50
Egg Pilau Rice	£3.50
Coconut Rice	£3.50
Keema Rice	£3.95



**The Huub Building
Manchester Road
Congleton, Cheshire, CW12 1NP**

01260 272 755

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eat@tiffincongleton.co.uk

We accept all major credit and debit cards.

For allergy concerns please tell us before making your order.
Management reserves the right to refuse custom without giving a reason.